

PASTA 'S W/Focaccia bread

[Add house, Caesar Salad or cup of Soup +\$4]

FETTUCCINI ALFREDO \$13 [w/parmesan cheese]

[Add Chicken \$5, Prawns \$7, Salmon, or Steak \$10]

LOADED MAC & CHEESE \$16

W/bacon, diced tomatoes, sour cream & green onions

SPAGHETTI & MEATBALLS \$16 [Add cheese +\$3]

TORTELLINI PESTO \$16

W/sun-dried tomatoes & smoked bacon, w/parmesan

CHIPTOLE CHICKEN & BACON \$17 [w/broccoli]

PENNE CON POLLO \$17

Chicken & bacon w/sherry glazed garlic cream sauce & zucchini-

JAMBALAYA FETTUCCINI \$21

Chicken, Shrimp, Prawns, Andouille sausage, tomatoes, green peppers, green onions & black olives

SEAFOOD RIGATONI \$21 [W/mozzarella cheese]

Crab, Salmon, Bay Shrimp & Garlic Prawns w/lemon cream sauce

ENTREES [Add House, Caesar Salad or cup of soup +\$4]

FISH & CHIPS \$17 [w/Fries]

[Add Sweet Potato, Garlic Fries or Onion Rings +\$2]

COCONUT SHRIMP \$18 [w/Fries & coleslaw]

[Add Sweet Potato, Garlic Fries or Onion Rings +\$2]

GRILLED SALMON or MAHI \$20

W/Risotto & fresh vegetables

[SALMON FLORENTINE \$23]

TRI-TIP \$23

W/mashed potatoes & fresh vegetables

[Add: loaded mashed potatoes \$3 or Garlic Prawns \$7]

NEW YORK or RIB-EYE \$26

W/mashed potatoes & fresh vegetables

[Add: loaded mashed potatoes \$3 or Garlic Prawns \$7]

PRIME RIB \$28 [12oz cut]

W/mashed potatoes & fresh vegetables

[Add: loaded mashed potatoes \$3 or Garlic Prawns \$7]

Boardwalk Lite

A healthy twist on some of your favorites

Order your favorite burger or sandwich "Healthy Style" by skipping the bread/bun, switch it up to a lettuce wrap, and get the sauce on the side. Substitute your fries for a small house salad, or steamed vegetables.

Protein Power Bowls

[Base options: Lettuce or mashed potatoes]

Chipotle Chicken Bowl \$14 [Pick your base]

Black beans, corn, tomatoes, cilantro, green onions, w/salsa

Burger Bowl \$14 [Pick your base]

Choice of cheese (Swiss, Cheddar, Spicy Jack, or Blue Cheese), tomatoes, pickles & grilled onions.

Seared Ahi Bowl \$18 [Pick your base] w/creamy wasabi

Cucumbers, cabbage, mandarin oranges, toasted almonds

Gluten Free, Vegan Tacos \$14 [3 served on corn tortilla]

Grilled vegetables & onions, black beans topped with shredded cabbage & tomatoes

20/30 Approved Meals "Delta Valley Health Club"

Fast Track approved <http://www.deltavac.com>

Seasoned Beef & Veggie Sautee \$13

Sautee Cabbage, spinach, tomatoes, onions, asparagus & lean ground beef sautéed lightly & w/salt, pepper & garlic

Lettuce Wrap Tacos \$16

Prawns & Bay Shrimp, tomatoes, onions & cabbage

Shrimp & Strawberry Salad \$16 lemons on the side

Prawns, celery, red onion, strawberries w/red wine vinegar &

NY Steak & Veggies \$25 [10oz]

Sautéed spinach, cabbage, tomato, onion & asparagus.

[Veggies are subject to availability & season]

Cocktails

Jell-O Shot \$3 each or (2) For \$5

Bottled Beer \$5 **Bucket of Beer \$21** [5 mix n match]

Corona, Coors Light, Bud Light, Heineken, Blue Moon, 805, Pacifico, Lagunitas IPA, Michelob Ultra, Stella, Non-Alcoholic

House Champagne \$5 glass \$28 bottle

House Wine \$6 glass bottle \$28

Oak Ridge Chardonnay, Cabernet or Zinfandel

Campos Sparkling Rose or Brut \$8 glass bottle \$32

Petersen Wines (Ports available) **\$9 glass bottle \$40**

Hannah Nicole:

Rose \$8 glass bottle \$25

Meritage \$9 glass bottle \$35

Loaded Bloody Mary \$9

Mimosa \$6

Well Drinks \$5 [Well liquor with soda or Juice Mixer or a Shot]

Mai Tai \$8, Lemon Drop \$9, Cosmo, Margarita, Vodka, Gin

[Make it a double Add+ \$3]

Delta Water \$11

Gin ,Vodka ,Tequila ,pineapple juice ,Chambord and sprite

Strawberry Skittle Regular... \$9 Grande ..\$12

Citron, strawberry pucker ,fresh lemon ,triple sec and simple syrup served up with a half sugar rim

Raspberry Lemon Jack \$9

Jack Daniels ,fresh lemon, triple sec , sour ,sprite with a float of Chambord

Pineapple Margarita \$9

Tequila ,lime ,sour , pineapple chunks & juice's served blended

Surfers Sunrise \$9

Tito's vodka ,orange ,pineapple juice & grenadine

Cactus Cooler Shooter \$9

Mandarin vodka, peach, schnapps, red bull & OJ

Jalapeno Margarita \$8 served on the rocks

Don Julio Blanco , Triple sec, lime , sour & fresh muddled jalapeno

Strawnana \$9

99 bananas ,pineapple juice, pina colada mix swirled w/strawberry coconut

Royal Flush Shooter \$9

Crown, peach schnapps & cranberry

Chocolate Martini Regular... \$9 Grande ..\$12

Chocolate vodka , vanilla vodka ,dark crème de coco, whipped cream & frangelico

Starburst Shooter \$8

Vanilla Vodka, watermelon pucker and sour mix

Boardwalk Breeze Regular... \$9 Grande ..\$12

Malibu , Amaretto ,Orange & Pineapple juice splash of grenadine

Caribbean Martini Regular... \$9 Grande ..\$12

Vodka , Malibu Rum & Pineapple juice

Gummie Bear Regular... \$9 Grande ..\$12

Tropical Coconut ,vodka , pina colada mix & Triple Sec topped with Blueberry Schnapps float

Green Jolly Rancher \$9

Crown Apple ,midori & sour mix served on the rocks

Mojito \$9

Flavor Choice strawberry ,mango , peach , raspberry

Fish Bowl \$14

Vodka , Rum , Gin , Tequila , Triple sec, Blue Curacao & sour mix

Mermaid Water \$14

Capitan ,Malibu , pineapple ,lime juice, blue curacao & sprite served in a fish bowl

French Toast Shot \$8

Fireball , butterscotch , schnapps & baileys

Beachy Peach Sangria \$10

White wine , peach vodka, pineapple juice and muddled strawberries

Spiked Southern Tea \$8

Jeremiah Weed Sweet Tea Vodka ,iced tea ,lemon juice & peach schnapps

Moscow Mule \$9

Flavor Choice ,mango, strawberry or Kentucky

Strawberry Sour \$ 8

Whisky ,sour mix & muddled strawberries served on the rocks

Prickly Pear Margarita \$11

Casadores Reposados ,Grand Marnier , Prickly Pear juice ,Tuaco & lime

Skinny Margarita \$11

Casadores Blanco , Agava Nector ,Lemon ,lime & orange juice

Pina Colada \$11

Desserts

Caramel or Oreo Churros \$8 W/vanilla ice cream

Chocolate Chip Cookie Sundae \$9

Brownie Sundae \$8

Cheese Cake Wrap \$8 [drizzled w/ raspberry sauce]

Cheesecake wrapped in a tortilla, fried & topped w/sugar & Ice Cream

Hot Fudge Sundae \$7 Whipped cream, nuts, w/ cherry on top

Milk Shake \$6 topped with whipped cream

[Add candy toppings +\$1 each: - Kit Kat, Whoppers, recess, Heath & Hershey]

Beverages \$4

Coke, Diet, Lemonade, Sprite, Root beer, Mr. Pibb, S.Pellegrino

Ice Tea [reg] or Raspberry [Bottled Water \$2]

ROOT BEER FLOAT \$6

Juice sm \$3 Large \$4: Apple, OJ, Cranberry, Grapefruit, Pineapple, Tomato, Milk

Coffee **\$3.00**, Hot Tea, Hot Chocolate